

General Information

YAO Coaching Philosophy

- Playing time rules and YAO guidelines
- Point differential rules and guidelines
- Code of Conduct for Coaches (see Membership Information Package)
 - Wins and losses don't matter
 - Leave your egos at home
 - Stay positive - be a motivator
 - Lead by example
 - Commitment

Coaches = Teachers & Learners

- We are there to teach the game of basketball
 - The current game is over coached and under taught
 - Teaching is fundamentals; Coaching is strategy
- We don't know everything (see Resources)
- Dealing with player problems (self control, attitudes, emotions, etc.)

Planning

- Most of the work for practices should be done before you get there
 - Keep practices simple - how much can the players retain
 - It takes a minimum of 30 hours to develop a habit
 - Forgetting curve
 - You will forget 55% after the first hour
 - You will forget 65% after the first day
 - You will forget 75% after the first week
 - Remember the attention span of the players
 - Make sure the players are getting something out of a drill
 - I hear = I forget
 - I see = I remember
 - I do = I understand
 - I repeat = I learn
- Make use of Assistant Coaches
 - There to help, advise and have specific duties

Expectations

- Parents vs. Coaches
- Guidelines for Instructional Levels
- Don't assume that the players know how to do things
- Don't pigeon-hole players - teach them all the same
- Coach for the long term - not just for one game
- Coach to the weakest player, but don't forget the stronger ones

Dealing with Parents (and your own child)

- Code of Conduct for Parents (see Member Information Package)
- Keep them informed

Resources

- Other Coaches
- Websites & Books



Open Tournament Player Information & Policies

2010-2011 Season

I. The Buddhist Church of San Francisco Youth Athletic Organization General Mission Statement

The primary goal of the Buddhist Church of San Francisco Youth Athletic Organization (BCSFYAO) is to provide organized play in basketball and baseball for all members, in an environment where sportsmanship, fair play and participation are the guiding principles. This organization was founded to give children of all skill levels an opportunity to play in a safe, nurturing and healthy atmosphere. It is our philosophy that winning will not overshadow these guiding principles.

II. Registration for Open Tournament

The aim of the Open Tournament Division of the BCSFYAO is to provide opportunity for our members to participate in tournaments at a higher competitive level than the League Roster Division.

Annual registration fees are set and approved by the BCSFYAO Board each year. The fee for Open Tournament players is based on the annual budget prepared by the Budget Committee. The Open Tournament player fee for the 2009 is \$120. Note: League player fees include Open Tournament registration if the player wants to participate in open tournament competition.

Fees are used to pay for insurance, gym rental, league registrations, equipment, uniforms and administrative expenses.

III. Parental & Player Participation

The Buddhist Church of San Francisco (BCSF) provides the use of the gym for practices, activities and the classrooms for Board and Committee meetings. As a member of the BCSFYAO it is expected that both parents and players participate in BCSF and BCSFYAO sponsored events. All open players and their parents are required to participate in the following activities as designated by the BCSFYAO Board:

BCSFYAO Annual Basketball Tournament April 5 & 6, 2009

BCSFYAO Tournament and Social is held on Saturday and Sunday the spring.

In addition to the work shift, each BCSFYAO player is responsible for selling a minimum of \$50 in advertising (or a \$50 booster contribution) for the tournament booklet. The tournament is scheduled for either the last weekend in March or the first

weekend in April.

Buddhist Church of San Francisco Annual Ginza Bazaar

Players and parents are required to provide minimum assistance at the BCSF Ginza Bazaar in July.

All Open Tournament Division players must read and sign the BCSFYAO Open Tournament player commitment statement as part of the application process each year.

IV. Player Participation in Open Tournaments

Open Tournament Division players must participate in a minimum of 80% of the tournaments that their team elects to enter. A requested minimum number of tournaments for open teams is six (the BCSFYAO tournament being one of these). Teams participating in less than the prescribed number of tournaments will be asked to provide the Tournament Commissioners' Committee with explanations for non-participation.

All Open Tournament Division Managers should provide documentation of each player's decision regarding each invitational tournament to the Tournament Commissioner. This document will help determine eligibility of all BCSFYAO players' request to play on other teams. Voting should be completed by November 1st, so teams can start to apply for Open Tournaments.

All Open Tournament entries will be provided to the team's membership (coach, parents and players) for review and determination of tournaments to be entered. Guidelines for each team's determination of what tournaments to enter should include the following:

- Coach listing of preferred tournaments (including tournaments that the coach may not be able to attend). BCSFYAO teams will not be prevented from entering tournaments that their coach cannot attend.
- Tournament voting sheet, managed by the Team Manager, should indicate number of players available for any specific tournament for the year.
- The coach should also determine the minimum number of players he/she is willing to take to a tournament.

Note: Should a parent/coach/manager have a conflict of interest due to player participation in more than one organization, the interests of their child should not come before those of the team.

V. BCSFYAO League Roster Players

A BCSFYAO player that participates on a League Roster Division team has first choice of playing on their "open" BCSFYAO tournament team for their grade level.

Note: Unlike league rules, "open" does not guarantee playing time for each player, however, the coach will provide an adequate amount of playing time (PT) to each member of the team during each tournament. There will not be any minimum time restrictions per game, but based on the coach's experience we expect the coach to be fair. (ie: try to get players some PT early in each half;

if one game is close and a player is allowed only a couple of minutes of PT, the coach should allow that player more PT in the subsequent games during that tournament.

BCSFYAO League Roster players are not required to play on the Open BCSFYAO Tournament Division; however, the league roster player will be required to commit to BCSFYAO Open Tournament Division team as their primary open team if they decide to play in any open tournaments.

VI. Number of Players Per Open Team

Open Tournament Division teams can have more than 10 players on their roster with the approval of the coach, manager and the Tournament Commissioner. Current maximum roster size is established at twelve.

VII. Participation on Another Organization's Open Tournament Team

Participation on another organization's open team (at any age level) must be approved by their BCSFYAO coach and the BCSFYAO Open Tournament Commissioner. In addition, the recruiting team must also get the approval from their organization to pick up another player from another organization. Players will be permitted to participate on another organization's teams to fill open slots on their roster provided it has no effect on the BCSFYAO teams participation in the tournament. Should a player decide NOT to participate with their BCSFYAO team for any tournament, they will not be permitted to play with another organization's team for that tournament, regardless of whether their BCSFYAO team was accepted to the tournament or not. This also includes other BCSFYAO teams who may be in need of players.

BCSFYAO players will not be permitted to participate for another organization at a higher level in which a BCSFYAO has a team entered. Unapproved play on another organizations team may result in permanent removal from the BCSFYAO team.

If a BCSFYAO member wishes to play with another organization the following criteria will be followed.

1. The player's BCSFYAO coach and manager must give approval.
2. The player's BCSFYAO team is not going to be playing in the same tournament.
3. The player did not say "no" to their BCSFYAO team thus preventing their team from participating in the same tournament that the player is requesting to play as a guest in another organization. (note: this is where the voting sheet per team per player is necessary).
4. The requesting guest team cannot pick up players from their own organization, and their own organization has given permission to add a player from another organization.
5. A BCSFYAO player will not be playing in the same tournament division as another BCSFYAO team.
6. The player receives permission from the Tournament Commissioner of the tournament they have been asked to participate in.

7. The player keeps their commitments to BCSFYAO. They are able to make it to practices and all the games that they had committed to in beginning of the season.

VIII. Number of Guest Organizations a BCSFYAO Player can Play for

BCSFYAO players can only play for ONE other organization outside of BCSFYAO. This prevents a player from going from one team to another and another. Independent teams are not considered a guest organization.

Independent teams are a case by case situation and must be approved by the BCSFYAO Tournament commissioner.

IX. Frequently Asked Questions:

QUESTION #1: Why do we fill out voting sheets for each tournament?

There was a time a few YAO players played on other teams besides BCSFYAO. Those players would vote to go to certain tournaments based upon which team they wanted to play with, thus disabling the BCSFYAO team from being able to attend that particular tournament. There was a rule that BCSFYAO took preference and that you could not play against a BCSFYAO team, but there was really no set way to police that.

To eliminate that problem the following policy was implemented in 2005. Each player on the team formally votes on which tournaments they wished to attend. Those votes would be transferred to a ballot and the ballot submitted to the Tournament Commissioner. Players **MUST** play for BCSFYAO first. So, if they vote “no” to a particular tournament, they cannot play for another team going to that tournament. If they vote “yes,” and there were still not enough players from BCSFYAO going; then they could play with the other team.

A tally count must be submitted to the Tournament Commissioner listing each player’s name and their vote.

QUESTION #2: What happens if a team wants to go as an independent team?

Occasionally, there are players who want to go to a specific tournament, but there are not enough players from their BCSFYAO team who want to play. The following is another option:

The team manager must first try to recruit from the team below and see if players can be recruited within the organization first. It is proper protocol to communicate directly to the team’s manager, because there have been instances where a team will approach a specific player. The recruitment must be open to all players below.

If no one from the below team wants to play, then the team is open to recruit outside the organization and create an independent team. This can be done, but it is always preferred that a team brings a full BCSFYAO team.

If a team is successful recruiting other players to field a team, the next step is to pick a name. The BCSFYAO names “Ardenette” or “Taisho” cannot be used for liability reasons.

As a courtesy, the BCSFYAO organization should be notified of your desire to go as an “independent” team by contacting the Tournament Commissioner.

As an independent team, you are required to pay for your practice spots if using the BCSF Church gym.



Rule Changes for Open Tournament Teams

The aim of the Open Tournament Division of the BCSFYAO is to provide its members with opportunities to participate in tournaments at a higher competitive level than the League Roster Division.

1. Change the BCSFYAO Mission Statement to include League Roster and Open Tournament teams.
2. All Open Tournament Division players must read and sign the BCSFYAO Open Tournament player commitment statement as part of the application process each year.
3. Open Tournament Division teams can have more than 10 players on their roster with the approval of the coach, manager and the Tournament Commissioner. Current maximum roster size will be established at 12.
4. Open Tournament Division players must participate in a minimum of 80% of the tournaments that their team elects to enter. A minimum number of tournaments for open teams will be six (the BCSFYAO tournament being one of these). Teams participating in less than the prescribed number of tournaments will be asked to provide the Tournament Commissioners' Committee with explanations for non-participation. All Open Tournament Division Managers should provide documentation of each player's decision regarding each tournament to the Tournament Commissioner.
5. All Open Tournaments entries will be provided to the team's membership for review and determination of tournaments to be entered. Guidelines for team determination of tournaments to enter should include the following:
 - a. Coaches listing of preferred tournaments (including tournaments that the coach may not be able to attend). BCSFYAO teams will not be prevented from entering tournaments that their coach cannot attend. Should a parent/coach/manager have a conflict of interest due to participation in more than one organization, the interests of their child should not come before those of the team.
 - b. Tournaments that are preferred by the BCSFYAO

i.e., reciprocation of tournament participation, or tournaments with Silver or Bronze level divisions
 - c. Parents **and** players preferences

6. Players that participate on League Roster Division teams are not required to be participants on the Open Tournament Division Teams. However, League Roster Division players will be required to commit to BCSFYAO Open Tournament Division teams as their primary open level team. Participation on another organization's team (at any age level) must be approved by the coach of their BCSFYAO team and the Tournament Commissioner. Players will be permitted to participate on another organization's teams to fill open slots on their roster provided it has no effect on the BCSFYAO teams participation in the tournament. (Should a player decide not to participate with their BCSFYAO team for a tournament, they will not be permitted to play with the other organization's team for that tournament, regardless of whether their BCSFYAO team was accepted to the tournament or not. BCSFYAO players will not be permitted to participate for another organization at a higher level in which a BCSFYAO has a team entered). Unapproved play on another organizations team will result in permanent removal from the BCSFYAO team.

7. Commitments for Open Tournament Division players will be as follows (these commitments can be fulfilled by the parents, player or a designated person):
 - a. provide assistance at the BCSFYAO Annual Tournament;
 - b. provide BCSFYAO required minimum assistance at the BCSF Ginza Bazaar in July;
 - c. membership fees (as determined by the BCSFYAO Board). Minimum fee to be established at \$100.00.